

## **A Journey of a Thousand Kilometers Begins with One Bold Step.**

Author Brandon Wilson with his wife Cheryl challenge the "impossible" and set off on an incredible 1000-kilometer journey—on foot across Tibet. Join their adventure from Lhasa to Kathmandu, as they become perhaps the *first* Western couple to ever make this perilous trek across the unforgiving, windswept Himalayan plains.

**YAK BUTTER BLUES** is a remarkable tale of survival. Alone, with only their stalwart Tibetan horse Sadhu, the Wilsons face Tibet's ruthless environment head-on: the blistering winds, extreme temperatures, sandstorms, blizzards, high altitudes and the thinnest of air—made all the more challenging by exhaustion, hunger, illness, inflexible bureaucrats and implacable, trigger-happy Chinese soldiers.

**YAK BUTTER BLUES** is a story of faith—and the kindness of strangers. The land and climate leave their imprints daily. Yet an even more lasting impression on these adventurers is created by Tibetan pilgrims, monks and generous villagers eager to share what little they possess: yak butter tea, the warmth of their family's fire, camaraderie and a steadfast trust in the Dalai Lama's return.

**YAK BUTTER BLUES** is a tale of personal enlightenment. The couple is an invaluable witness to a Tibetan culture pushed to the brink of extinction by occupation for over fifty years. They also discover the human link connecting us all, a link that becomes clearest on a trek that removes the distractions of modern life as it unveils the truths of "deliberate travel." In doing so, the couple discovers a sense of greater purpose, wonder, a renewed faith and ultimately what it takes to endure.

Wilson leads you along on their physical, spiritual and emotional pilgrimage, through the highs and lows, across this startling land in this colorful, candid, caring and classic tale, **YAK BUTTER BLUES-A TIBETAN TREK OF FAITH.**